

# DINNER MENU

## STARTERS

### Chef's Soup of the Day

Organic Bloomer Bread

£5.95

### Hunters Skillet

Crisp Bacon Lardons, Chicken Livers, Shallots, Garlic Bread

£8.95

### Chef's Homemade Crab, Salmon and Herb Fishcakes

Soya, Honey, Chilli and Orange Dip and a Dressed Salad

£8.25

### Hot Smoked Mackerel

Marinated Cucumber and Horseradish Crème Fraiche

£6.95

### Cumin Seed Roasted Cauliflower

Raisin Puree, Tomato Concasse, Brown Caper Butter and a Truffle Cream Vinaigrette

£6.95

## MAINS

### Homemade Steak & Kidney Pudding

Champ Potatoes or Chips, Rich Meat Sauce, Chanterelle Carrots, Broccoli Florets  
£14.95

### Slow Roast Belly Pork

Butter Bean Puree, Cider Braised Celery, Apple and Leeks  
15.95

### Fillet of Fish of the Day

Cream Shellfish Sauce, Sautéed Potatoes, Roast Vine Cherry Tomatoes, Lemon Pesto  
£16.95

### Homemade Beef Burger

Crispy back bacon, Cheese, Chips, Salad & Relish  
£13.95

### Chicken Supreme & Wild Mushrooms

Silver Skin Onion Puree, Crispy Pancetta, Wild Mushrooms, Creamy Mash and a Red Wine Jus  
£15.95

### Winter Root Vegetable Cobbler (V)

Rosemary Scones (V) OR Rosemary Polenta Dumplings (Vegan)  
£10.95

### Sweet Potato Gnocchi in a Parmesan Crust (V)

Creamy Leeks, Wild Mushrooms, Spinach and Charred Garlic Bread  
£11.95

## DESSERTS

### Salted Caramel

Crème Fraiche, Raspberries, Mint and Amaretto Biscuits  
£6.95

### Original Cumbrian Sticky Toffee Pudding

Vanilla Ice Cream  
£5.95

### Selection of Lakes Dairy Ice Cream

Shortbread  
£5.95

### Platter of Local Cheese

Grapes, Celery, Crackers & Westmorland Chutney  
£6.95

### Black Forest

Chocolate Cake Chunks, Pistachio Mousse, Sour Cherry Sorbet and Chocolate Shards  
£5.50

## CHILDREN'S CHOICE

Chef's Soup of the Day

Bloomer Bread

£2.95

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Bowness Bake

Beef Burger, Chips and Beans

£5.25

Kings Head Cod

Cod, Chips, Garden Peas or Beans

£5.25

Cumberland Sausage

Cumberland Sausage, Mashed Potato and Gravy

£5.25

Chicken Fingers

Breaded Chicken Filler, Chips and Beans

£5.25

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## CHILDREN'S DESSERTS

Milky Bar Sundae

Chocolate and Mint Choc Chip Ice Cream, Milky Bar

£3.50

Jesse's Jolly Delight

Strawberry and Vanilla Ice Cream, Hundreds and Thousands, Jelly Babies

£3.50

Sally's Smartie Fudge Brownie

Warm Fudge Brownie, Smarties, Chocolate Sauce

£3.50

## STEAK MENU

2 Course £21.95 / 3 Course £22.95

### STARTERS

Chefs Soup of the Day

Organic Bloomer Bread

Crab and Salmon Fishcake

Soy, Orange, Honey and Chilli Dip

Mozzarella, Beef Tomato, Avocado

Pesto, Balsamic, Rocket

### MAINS

8oz Sirloin Steak

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

8oz Ham Steak

Chunky Chips, Tomato, Mushroom, & Onion Rings

8oz Ribeye Steak (£4 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

Salmon Steak

Dauphinoise Potatoes, Broccoli Florets, Béarnaise Sauce

8oz Fillet Steak (£9.00 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

### DESSERTS

Homemade Sticky Toffee Pudding & Vanilla Ice Cream

Crème Brûlée

Selection of Local Ice Creams

Platter of Local Cheese (£1.20 Supplement)

### SIDE ORDERS

Portion of Chips

Tossed Salad

Garlic Bread

Seasonal Vegetables

£3.95 each

### SAUCES

Diane

Au Poivre

Béarnaise

£2.95 each

## SUNDAY LUNCH MENU

1 Course £13.95 / 2 Course £17.95 / 3 Course £20.95

### STARTERS

Chef's Soup of the Day  
Organic Bloomer Bread

Crab and Salmon Fishcake  
Lemon & Dill Mayo

Mozzarella, Beef Tomato, Avocado  
Pesto, Balsamic, Rocket

### MAINS

All Roasts Served With

Goose Fat Roast Potatoes, Winter Root Vegetables, Cauliflower Cheese,  
Roasted Parsnips, Pan Gravy

Roast Sirloin of Cumbrian Beef  
Yorkshire Pudding,

Roast Loin of Pork  
Apple Sauce

Pan Fried Cumbrian Chicken Breast  
Rich Red Wine Jus

Poached Salmon Fillet  
Béarnaise Sauce, Lemon

Homemade Nut Roast (V)  
Rich Vegetarian Jus

### DESSERTS

Crème Brûlée & Mixed Berry Compote  
Shortbread

Our Own Sticky Toffee Pudding  
Vanilla Ice Cream

Selection of Dairy Ice Creams  
Shortbread



**The King's Head Inn**

Thirlspot, Near Keswick, The Lake District, CA12 4TN

Restaurant Enquiries: 017687 72393

**The Traveller's Rest Inn**

Dunmail Raise, Grasmere, The Lake District, LA22 9RR

Restaurant Enquiries: 015394 35604

**18/20 Cellar Bar & Rooms**

20 Lake Road, Keswick, The Lake District, CA12 5BX

Restaurant Enquiries: 017687 72990

**The Lodge in the Vale**

St John's in the Vale, Thirlmere, Nr Keswick, The Lake District, CA12 4TQ

Cafe Bar Enquiries: 017687 73331

**Accommodation Enquiries**

T: 017687 73331

E: [stay@lakedistrictinns.co.uk](mailto:stay@lakedistrictinns.co.uk)

[www.lakedistrictinns.co.uk](http://www.lakedistrictinns.co.uk)



*King's Head*

*Dinner Menu*

*Please make a note of your table number and  
order at the bar when you are ready*

*Thank you*